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# ◆ Gardenside News ◆

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Volume 16 Issue 9

September 2009

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## Gardenside Hopes to Offer Skilled Care as an Option Soon

Some of the final details are being worked out and Gardenside is awaiting final approval to offer skilled nursing care at Gardenside long-term care in Fairbury.

Skilled Nursing Care is a special level of services which, when criteria are met, allows for Medicare reimbursement for nursing home care.

Nursing Director Deb Sutton RN said she is excited for Gardenside to hopefully be able to offer Medicare skilled services soon.

“There are many cases where a person qualifies for skilled services and needs care for a little longer than they would typically stay in the hospital in the Swingbed program. This option, once approved, can help those people receive their care at Gardenside,” Sutton said.

She cautioned people to understand that there are very specific criteria which must be met for a person to qualify for Medicare skilled services. Current Gardenside residents will be notified if they meet criteria to qualify for Medicare skilled care or not, and will be asked to sign a form which states that they (or their guardian) understands their status.

The process of becoming qualified to receive reimbursement for Skilled Care has been a long process, Sutton said, and is now in its final stages. She said it is hoped that final approval is received, and the program can be officially put into place on Oct. 1.

If anyone has questions about Medicare Skilled Care Certification or needs further information, please contact Deb Sutton at 729-3351, extension 5019.



*Neighbors again — Minnie Meyerhoff and Margaret Schwartz were neighbors, and now they are neighbors again at Gardenside.*

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## ***Celebrate Grandparents' Day with Us!***

Join us for an ice cream social in honor of Grandparents' Day, from 2 p.m. to 3:30 p.m. on Sunday, Sept. 13.

Everyone is welcome to join us!



## The Queen and Her Court



*Queens and Princesses for a day* — Dietary staff wore crowns one day and Gardenside residents enjoyed the Queen and Her Court. Each had a special name, too. They were, from left: Crystal, Princess Push Over; Sherri, Princess Patty Cake; Deb, Queen of the Land; Linda, Princess Prankster; Dorris, Princess Party Mama; and Sarena, Princess Pudd'in.

### Admissions

- ◆ Bobby Danner, Aug. 13
- ◆ Margaret Schwartz, Aug. 18

### Birthdays

- ◆ Amanda Krebs, Sept. 15

### Anniversaries

- ◆ Mr. and Mrs. Everett Bartels, Sept. 12, 1948

### Deaths

We were saddened by two deaths in the past month. Our sympathy is with the families of Lawrence Gill, who passed away July 31, and Anna Lahodny who passed away Aug. 13.

### Thank you!

- ◆ To Jerry Zabokrtsky for donating a lug of peaches;
- ◆ Letha Jones for donating greeting cards for residents' use

### Who's Who?

Chief Executive Officer

Bill Welch

Director of Nursing

Deb Sutton RN

Assistant DON/MDS Coord.

Linda Collins RN

Social Services Designee

Mary Hasselbring

Activities Director

Barb Schwisow

Rehabilitation Aide

Karen Spilker

Dietitian

Tonya Koeppen

Pharmacy Director

Gary Mitchell

Director of Plant Operations

Gerry Lee

Director of Envir. Services/Purchasing

Stephanie Pfingsten

Housekeeping Supervisor

Billie Mohr

Director of Public Relations

Lana Likens

Most recent state survey:

Found in a folder just west of the nurses station.

E-mail: [barb.schwisow@jchc.us](mailto:barb.schwisow@jchc.us)

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P.O. Box 277, Fairbury, NE 68352, or call Lana

Likens at (402)-729-3351.

## Take Precautions Against Influenza

By Deb Sutton RN, Director of Nursing

It is hard to believe that autumn is upon us. As I see the trees turning golden in color and leaves falling I begin to think of football and the upcoming holidays. The other reality that comes with the beginning of fall is the beginning of a new school year. As we gather more for school events and for holidays we increase the likelihood of sharing illnesses as well. I know there has been a lot of media coverage regarding the H1N1 influenza and availability of vaccinations. I would like to encourage everyone to take advantage of the vaccine when it becomes available, but to not forget their vaccine for seasonal influenza as well, since seasonal influenza is responsible for thousands of deaths annually. This influenza season, it will be necessary to receive not only the H1N1 vaccine but also the seasonal influenza vaccine to provide optimal protection against these illnesses. We take these vaccinations not only to protect ourselves from illness but to protect our loved ones from being exposed. We carry and shed the virus and can infect others 48-72 hours BEFORE we show any symptoms ourselves, therefore exposing those we love and who may be more fragile. Good guidelines for everyone this flu season is to stay home if you are ill and running a fever. Another key component to fighting infection is good handwashing. By washing your hands, using soap and scrubbing your hands for 15 seconds, you can prevent the chance that you will be contaminated by or spread the influenza virus. We ask that you postpone visiting your loved ones and friends at Gardenside if you are ill and have a fever. We thank you for helping us to keep all of our loved ones safe and healthy.

In the last newsletter we mentioned that our state survey agency had visited to conduct our annual survey. We have since received our report back and have posted it for public review, in the survey book located between the nurses' desk and the Social Service office.

Results of the most recent state survey and daily nurse staffing hours are posted on the wall west of the nurses' station.

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# Fall is on it's way

**By Barb Schwisow**  
**Activity Director**

With cooler temperatures in the morning, that's a sign of fall approaching and the beautiful fall colors of some trees will be appearing.

August brought us the harvesting of some tomatoes that were grown in our garden. Wow! Great tasting. Thanks to Jerry Zabokrtsy for the lug of Colorado peaches, enabling residents to enjoy fresh-sliced peaches on two occasions.

Helen Hohbein had a very interesting afternoon for the residents showing pictures and talking about her family vacation to Washington, D.C.

The Better Neighbors Club from Reynolds and St. Michaels Altar Society from Fairbury shared afternoons helping with Bingo. A social hour followed with delicious home-baked cookies. What a great treat! We appreciate our volunteers very much.

For the August birthday party we had a little different twist of entertainment. Country Singer Shaun Cole entertained. Celebrating birthdays were Dorothy Hohensee, Louie Dieckgraeff, Barbara Scherbarth, and Verneda Weishahn.

One Sunday afternoon the enthusiastic Good News Band from Beatrice sang gospel music for our resident. It does every one's heart good to see toes tappin', hands clappin' and lots of smiles!

Join us for an ice cream social for Grandparents day, from 2 p.m. to 3:30 p.m. on Sunday, Sept. 13. Everyone's welcome to join us!

Watch for upcoming news on the Senior Olympics Carnival that Gardenside residents, Cedarwood tenants and community members will be invited to participate in. Events will be held Sept. 28 sponsored by Cedarwood and Gardenside, Sept. 29 sponsored by Heritage Care Center, Sept. 30 sponsored by Senior Diners, and Oct. 1 sponsored by Jefferson Community Health Center.

## Zucchini Party Held



***Sampling Zucchini*** — Residents enjoyed sampling recipes made with zucchini.

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## Good News and Good Entertainment



*Great music— Residents love music. In August, the Good News Band (top photos and bottom left photo) performed for residents on a Sunday afternoon, and Shaun Cole performed for the monthly birthday party for residents with August birthdays.*



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# Meet the Staff

## Jeorgia Kleinbohl, CNA

Jeorgia Kleinbohl CNA has been working at Gardenside since June. Jeorgia works as a CNA on the evening shift. She has been a CNA for two years.

She was born in Hershey, PA, and came to Fairbury when she was 6. She graduated from high school in May of this year, and lives with 2 best friends who are also CNAs. She hopes to go to SCC Lincoln and earn her RN.

She said she loves meeting new people and hearing their stories about where they've been and what they've done in their lifetime.

Her older sister is Liz Hyson LPN, who also worked here. Her older brother Nick Fry attends Milford and her younger sister Jaimee is a freshman in high school. Her mom Kimber used to be a night LPN at Gardenside. Her dad, Jonn, works at PVI.

Outside of work she loves to walk with friends and likes to read and clean.



## Mary Workman CNA

Mary Workman CNA works from 6 p.m. to 6 a.m. and has been at Gardenside for about a month.

She grew up in Omaha, Broken Bow and Fairbury, and now lives in Fairbury. Her family includes mom, Shelley Nutsch, stepdad Kevin Nutsch, dad Tim Workman, sister Rosie Workman, and stepbrothers Cory and Craig Nutsch.

Mary graduated from Fairbury High School in 2009.

She lives in Fairbury with Jeorgia Kleinbohl and Tina Workman. Outside of work she enjoys reading.

At work, she loves the one-on-one conversations with the residents.



## Shelby Renea James CNA

Shelby Renea James CNA joined the staff of Gardenside about a month ago as an evening CNA. She is currently a junior at Fairbury High School. She grew up in Fairbury and now lives in Fairbury and Endicott.

Her family includes mom, Deb James; dad, Anthony James; sisters, Chelsey Smith and Erica Mosher; and brother Seth James.

What she loves about her job is the people. She said she loves to talk.

Outside of work, she likes going on four-wheeler rides and hanging out with her cousin Amelia Stone.



## Linda Collins RN

In last month's newsletter, we introduced Linda Collins RN, our new assistant Director of Nursing and MDS Coordinator. She started her new position on July 6. We didn't have a photo available at that time, though, so we wanted to include Linda's photo so you all can get to know her!

Linda and her husband, Tom, have three children, Chrissy, John, and Nathan. They have a son-in-law Alan and daughter-in-law Kelly and have 7 grandchildren.

Outside of work Linda enjoys reading, gardening, cooking, and arts and crafts.

At work she enjoys working with residents, families and staff.



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# Poetry Shared By Schwartz

*Editor's Note — Resident Margaret Schwartz writes poetry, and gave us permission to share these poems with our readers. Margaret is 93 years young. Thank you Margaret!*

## “Card” of Thanks

I fell in my kitchen,  
It was “so” sudden.  
There I laid so helpless:  
But — near to the phone  
I remembered my nearby neighbor’s phone number  
So I dialed — and they came on the run,  
They loaded me in their car, with another neighbor’s help.  
To the Doctor — we did go!  
At Fairbury. Had X-rays — “BAD” — so on to Lincoln!  
I was hauled. A rough ride to Lincoln and back.  
Now I have a cast over “Lots” of stitches. Next,  
First cast removed, stitches out (ouch) and new cast.  
Put on—so heavy — whew!  
But — I can’t complain as I have “very” good care. Good  
food; good roommate.  
So until I’m mended, guess I’ll be here at Gardenside!

A Patient:  
Margaret Schwartz  
Hanover, Kan.

## “Short” Poems

By Margaret Schwartz

I had a little pig  
And had it in a trough  
It got so big and fat  
That his tail popped off!  
MS

Car in ditch  
Man in tree  
The moon was full  
And so was he!  
MS

I had a little Tea Party  
This afternoon at Three  
Was very small  
Three guests in all  
Just Me, Myself and I  
Myself ate all the sandwiches  
While I drank all the tea  
‘Twas also I who ate the pie —  
And passed the cake to me!



***Balloon tennis** — Residents Norma Hanson, Roy Schmidt and Minnie Meyerhoff are among those enjoying a game of balloon tennis. We enjoy many varied activities at Gardenside for fun and fellowship!*



## Spotlight on Gardenside

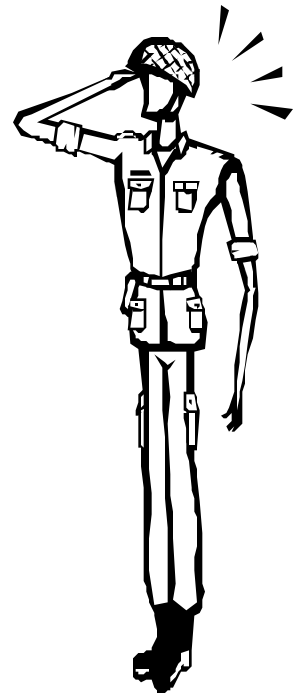
# Resident of the Month: Edward J. Free

In Ruskin, Neb., in 1919, a son was born to John and Anna Free: Edward J. Free. This family consisted of “three and three,” Edward said — three boys and three girls.

At the age of 5 he entered school speaking only German. This was due to his grandmother, who only spoke German. His father, being a rental farmer, moved the family to a farm west of Fairbury in 1929.

He started courting his first love, Wilma M. Janssen, in 1941. He would take her to restaurants, and to the cinema to view films. However, he was unable to marry Wilma due to the draft.

In 1942, Edward was taught auto mechanics at Camp Lee, Va. After several weeks of training, he boarded a luxury liner ship to serve in WWII, stationed in Calcutta, India. This ship faced a threat from enemy submarines, so the ship had to zig zag to avoid danger. He safely arrived in Calcutta, India, where he worked on military vehicles. While there, he faithfully received letters every week from Wilma. The couple realized they would marry upon his return. This dream was fulfilled Jan. 24, 1946. To this union was born their son Duane Free. Edward provided for his family by working in a machine shop from 1946 to 1970. He moved his family from Salina, Kan., where he retired in 1986 to take care of his wailing wife. Sadly, his wife passed away in November of that year.



He moved back to Fairbury in 1989, where later he met his second wife-to-be, Viola. They became man and wife in 1992. Edward recalls how they would often travel across the United States and attend many Army reunions. Viola became ill in 2008, and passed away in 2009.

Edward is currently residing at Gardenside where he enjoys playing cards and many other activities.

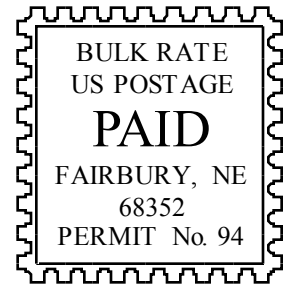
He has one grandchild and two great-grandchildren and two step-great-grandchildren. He is a member of Grace Lutheran Church.

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# Gardenside News

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CHANGE SERVICE REQUESTED

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*Photos  
inside!*

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## Happy August Birthdays!



*August birthdays* — August Birthdays were celebrated by from left, Dottie Hohensee, Louie Dieckgraeff, Barbara Scherbarth and Verneda Weishahn.