
◆ Gardenside News ◆

Volume 16 Issue 3

March 2009

King and Queen Named for Valentine's Day

By Barb Schwisow
Activities Director

The month of February brought us Ground Hog Day, Friday the 13th, Valentine's Day, and Presidents' Day.

The Ground Hog in Punxsutawney (Phil) saw his shadow, so that means 6 more weeks of winter.

Friday the 13th brought us a snow storm with about 5 inches of snow and 30 mile-an-hour winds. It was enough to throw a little twist in our Valentine's Day Party entertainment. But with the help of Lisa to play the piano, the crowning of our Valentine King and Queen went on. The lucky fellow crowned king was Roy Schmidt, and queen was Minnie Meyerhoff. Our congratulations go out to them! Other candidates for King were Willis Niederklein and Lawrence Gill. Other candidates for Queen were Pat Michener and Meredith Milne. Each was presented a long-stemmed rose for being nominated.

Residents learned about our 44th President Barak Obama. Trivia facts about him and former presidents were discussed. Did you know that our new president collects Spider-Man and Conan the Barbarian comics? He has read every Harry Potter book. He is one of six presidents that have been left handed. He enjoys the music of Miles Davis, Bob Dylan, Bach and Fugees.

We had a pizza party, sampling from Pizza Hut. We got to sample Canadian bacon, hamburger and cinnamon-sugar varieties. Our beverages of choice were beer, wine and non-alcoholic drinks.

Our birthday party was held Feb. 20, with entertainment by Dale and Darlene Rehm and our own resident Minnie Meyerhoff playing her spoons to the beat of Dale's guitar. Our birthday celebrants were Pat Michener on March 5 and Marie Meyer on March 22.

We have been playing more Bingo because of a request from a resident. We would like to thank the LDO's group for sponsoring an afternoon of fun, Bingo, reminiscing and the home-baked cookies.

Once again the Sunday School children from Zion



Queen and King — Top, Queen Minnie Meyerhoff; Bottom, King Roy Schmidt. Congratulations!

United Church of Christ at Gladstone came and put on a program for the residents, including devotions and bell ringing. The residents were asked if they would like to play the bells to some of the songs. Many raised their hands and with the help of the children they made music. It is great to see the intergenerational connection between the children and the residents. Hearts were passed out made of two candy canes.

Tia visits



Tia enjoys some lap time — Tia enjoys some lap time with resident Betty Tedrow, right, and resident Valera Henke, left.

Admissions

- ◆ Kathryn Kroeker, Feb. 4

Birthdays

- ◆ June Hatfield, March 3
- ◆ Rose Portwood, March 5
- ◆ Norma Hansen, March 10
- ◆ Willis Niederklein, March 19
- ◆ Hilda Barber, March 25

Dismissals

- ◆ Doyle Kershaw, Feb. 23

Donations

- ◆ Thanks to Countryside Vet Clinic for a donation to Eden
- ◆ Thanks to the family of Avis Thrasher for a donation in her memory.

Who's Who?

Chief Executive Officer

Bill Welch

Director of Nursing

Deb Sutton RN

Social Services Designee

Mary Hasselbring

Activities Director

Barb Schwisow

Rehabilitation Aide

Karen Spilker

Dietitian

Tonya Koeppen

Nutritional Services Director

Jesse Vater

Pharmacy Director

Gary Mitchell

Director of Plant Operations

Gerry Lee

Director of Envir. Services/Purchasing

Stephanie Pfingsten

Housekeeping Supervisor

Billie Mohr

Director of Public Relations

Lana Likens

Most recent state survey:

Found in a folder just west of the nurses station.

E-mail: barb.Schwisow@jchc.us

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P.O. Box 277, Fairbury, NE 68352, or call Lana

Likens at (402)-729-3351.

New entrance opens Friday, Feb. 27

The new south Outpatient and Emergency Entrance opens Friday, Feb. 27. The new entrance is designed for those who are visiting specialists, using outpatient services, and bringing someone to JCHC by private vehicle in an emergency.

The project also includes renovation of outpatient clinic rooms, which will begin soon after the new entrance is opened.

The new entrance will be used for outpatient services (such as lab, x-ray, chemotherapy and mobile services), visits to specialists, and emergencies brought in by private vehicle. A separate ambulance entrance will also open on Friday.

During hours that the outpatient clinic desk is not staffed, the inside vestibule door on the new entrance will be locked. A telephone is located in the vestibule, and is programmed to ring the nurses' station when it is picked up, to alert the staff that someone needs assistance. This phone should be used for emergencies or other after-hours needs.

JCHC asks the public to continue to use the main entrance (the covered walkway accessible from the H Street parking) for wellness center visits, inquires about your bill, physical therapy visits, and hospital admissions.

If you need more information call JCHC at (402) 729-3351.

Results of the most recent state survey and daily nurse staffing hours are posted on the wall west of the nurses' station.

Valentine's Day Candidates and Crafts



Happy Valentine's Day — Top, left, King candidates were Willis Niederklein, Roy Schmidt, and Lawrence Gill. Top, right, queen candidates were Minnie Meyerhoff, Pat Michener, and Meredith Milne. Center, left, Irene Spinden and Pat Michener make valentines. Center right, Valera Henke makes valentines. Bottom, Ruth Horsky and Amanda Krebs (daughter and mother) make valentines.



The Turtle



There once was a turtle named Tina
Who lived in the Gardenside Arena
She showed us one day that her name was
in array.

She really is he now and not she now.
One day he got a new habitat
And a new name to go with that.

Meet Timmy!

Residents join in bell ring with Zion UCC Children



Zion UCC children ring bells with residents — Left, residents enjoy ringing bells with Zion UCC Sunday School children. Right, the children ring bells to entertain.

Meals of the month

For January, the "Resident of the Month Meal" was created by Letha Achtemeier and consisted of the following...

Fried Chicken
Mashed Potatoes and Gravy
Cooked Carrots
Fruited Jell-O Salad

The residents enjoyed this noon meal on Feb. 24th.





Spotlight on Gardenside Resident: *Rose Portwood*

By Carol Bauer

What a difference a century makes.

When Rose Portwood was born in a log cabin in Washington County, Kan., on March 5, 1902, the average life-expectancy in the United States was 47. So much for statistics! Rose has proven them wrong; she celebrates her 107th birthday on March 5, 2009.

One key to her longevity, according to Rose is ...her father did not work his children to death. They took time to go to town, and more importantly, to attend dances. Dancing is definitely very high on Rose's special memories list. She is the oldest of five children of Frank and Magdalene Koch and the only one still living.

When Rose was young, her whole family loaded their cattle, farm equipment, horses, and even their dog into a boxcar and traveled by train to Utah. They lived there for two years. After those two years, they were left with one living horse and many failing crops. Because of this, the family decided to move back to their farm north of Morrowville, Kan.

When Rose was a teenager, the family decided it was time to purchase a vehicle.

"My mother had one condition for buying the car, that she could drive it, too," Rose said. "She did, and she was a good driver."

Rose attended Albia School, which was south of the Kansas-Nebraska border, until the end of the eighth grade. Entertainment for Rose was when her father started having square dances in their living and dining rooms of their house. Tom Miller sawed on his fiddle and his wife, Emma chorded on the piano.

"They charged people to enter the dance and use the money earned to pay Tom and Emma for playing. Shortly after that my father built a barn and the dances were held out there. They were called barn dances," Rose said.

One time Millie Brewell's brother was coming home for the weekend. (Millie was a neighbor to Rose.) The neighbors wanted Rose to go to the dance, so she did. A year later, Rose married Joe Portwood, brother to Millie Brewell. Joe taught in various area schools, including the Reynolds/Gladstone area. They moved to Fairbury, where he was elected Jefferson County Treasurer. He held his position until the time of his death in 1957.

Rose did not work until after the death of husband. Then she was employed at Swanson's in Fairbury dressing chickens until the plant was moved. She also helped her son and grandson at the Harbine Tavern and also when they ran Café 77 in Beatrice. She worked in many restaurants until her retirement in her late 90s.

Rose gave up driving at the age of 95 with a record of no accidents and no speeding tickets. She lived in her own home until January 2004, when she and her daughter moved into Cedarwood, where they lived beside each other. Rose lived there until March 2007. She is currently a resident at Gardenside long-term care.

Rose and Joe had two children: Rozella, who married Norbert Bauer, and Doren Merne, who married Dorothy Flagle. Her children are deceased. Rose has two grandsons, Chuck Bauer, married to Carol Bauer of Fairbury, and Kem Portwood, married to Dawn Portwood of Beatrice. She also has four great-grandchildren: Greg Bauer of Fairbury; Holly and Zach Portwood and Stacie Post of Beatrice, and daughter-in-law Dorothy Portwood of Beatrice.

Rose admits there are a couple of things she still loves to do: visit with people and take part in armchair aerobics, both of which she does extremely well.



Gardenside News

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CHANGE SERVICE REQUESTED

*Photos
inside!*

Happy Birthday!



Happy Birthday —
Celebrating February birthdays were Marie Meyer, left, and Pat Michener, right. Happy birthday!